



### Purpose

The Seek First Fast is designed to break the back of recession off of individual lives.

### When

May 20th - June 28th

### Ways to Fast

For 40 days, you could fast:

- Coffee or Beverages
- Premium Television
- Shopping
- Eating Out...

### Ways to Give

- Each Sunday May 24th - June 28th
- Online @ [www.TheRockChurch.info/give](http://www.TheRockChurch.info/give)
- Drop by TRC Monroe Campus (address below)
- Mail your offering to TRC Monroe Campus

What will you Seek First with? \$10, \$20, \$50, \$100, \$200, \$500 per week?

.....  
*Please cut here and drop this in the May 17th Offering.*

First & Last Name: \_\_\_\_\_ Email: \_\_\_\_\_

What are you fasting? \_\_\_\_\_

Weekly Offering Amount: \_\_\_\_\_  
.....

*What I'm trying to do here is to get you to relax, to not be so preoccupied with getting, so you can respond to God's giving. People who don't know God and the way he works fuss over these things, but you know both God and how He works. Steep your life in God-reality, God-initiative, God-provisions. Don't worry about missing out. You'll find all your everyday human concerns will be met.*

*- Matthew 6:31-33 (MSG)*